

Zonta Club of Milwaukee

 Zonta Club of Milwaukee
Member of Zonta International
Advancing the Status of Women Worldwide

BULLETIN

International District 6 – Area 2
Chartered: January 8, 1926

Wednesday, February 23, 2011

Speaker: Winsome A. Panton

Topic: “HIV/AIDS and the Impact on Milwaukee Area Women”

Winsome A. Panton, DNP, AAHIVS is a Board Certified Adult Nurse Practitioner at the AIDS Resource Center of Wisconsin. She received certification as an HIV Specialist from the American Academy of HIV Medicine. Working with HIV/AIDS populations for the past 9 nine years, she believes in a holistic model of care focusing on the physical, mental social and emotional aspects. Over 30% of the patients served through ARCW are heterosexual women.

**Italian Community Center (I.C.C.), 631 E. Chicago
Milwaukee, Wisconsin 53202**

5:30 PM - Social

6:00 PM – Dinner

7:00 PM – Guest Speaker: Winsome Panton

Cost: \$30 per person, includes tax and tip

RESERVATIONS: Please call Helen Ludwig or e-mail her with your reservation by 9:00 am on Monday, February 21, 2011. Once reservations have been made, you will be billed for each reservation.

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The Zonta Club of Milwaukee is club #39, located in District 6 (Illinois, Wisconsin and Indiana). The Club meets on the fourth Wednesday of the month, September through June, for networking, dinner, program and business meeting.

President: Cheryl Lucas DeBerry

Membership Co-Chairs:

Claudyne Whitaker

Marianne Zapall

Bulletin Editor: Joann Henry

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Newsletter deadline for articles is the 10th day of each month.

For more information on Zonta, visit

www.zontadistrict6.org

2009/2011

Zonta Club of Milwaukee Officers

Cheryl Lucas-DeBerry, President

Karen Coy-Romano, President Elect

Elizabeth Stull, Vice-President

Kim Brinsko, Treasurer

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Demy Anfang, Club Board

Nellie Kendrick, Club Board

Joni Reese, Club Board

Barbara Fitzgerald, Club Board

Pam Knackert, Club Board

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Laureen Ward, Foundation Board, President

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Claudyne Whitaker, Foundation Board

Donna Conant, Foundation Board

Sandra Miller, Foundation Board

Donna Kahl-Wilkerson, Foundation Board

Linda Hext, Foundation Board

Presidents Message.....

Dear Sister Zontians:

In the month of February each year we celebrate Black History. One of the pioneer women and arguably one of the most influential African-American women of all time is Sojourner Truth. Let's learn a little bit about her and how her name ties in with the Zonta Club of Milwaukee.

Sojourner Truth was born Isabella Baumfree in upstate New York to slave parents in a family of 13 children. As a child she had numerous owners, nearly all of whom were cruel and abusive. Forced into a marriage with an older slave when she was barely 20, she gave birth to five children before she was 30. Just prior to New York's abolition of slavery in 1827, she escaped with her infant daughter, Sophia, and sought refuge with a kind family. A year later, with the help of friends, she legally obtained her youngest son, Peter, who had been illegally sold into slavery in the South.

In 1843, believing she received a calling from God, she changed her name to Sojourner Truth. Moved by her new religious mission, she traveled to prayer meetings, churches, and religious rallies throughout New England witnessing for the Lord. While in Massachusetts, she became acquainted with the abolitionist movement through civil rights leaders William Lloyd Garrison and Frederick Douglass. It was also during this time that she became involved with the women's suffrage movement.

For the duration of her adult life, Sojourner Truth spoke out about the social injustice and inequality experienced by African-Americans and women. With the help of friends, she wrote and published her memoirs, and spoke at abolitionist gatherings. She lobbied for land to be set aside in the West for free blacks after the Civil War, and successfully helped conduct a campaign for integrated streetcars in Washington D.C. From the depths of slavery, Sojourner Truth built a reputation for her powerful oration, and her deeply emotional life story inspired thousands of Americans to rethink their definition of equality.

Now how does this tie in with Zonta? I'm glad you asked.

Sojourner Truth House, which is a shelter that provides a safe and secure environment and a respite from violence for women and children (the Zonta Mission).

Continued on Page 3

President's Message Cont'd

Services are offered using a case management approach, including job readiness training, parenting education, and support groups. Programming is also provided to children residing at Sojourner Truth House.

These programs are provided on-site and include: preschool enrichment, support groups, academic enrichment, individual case management for parents, assessment, individual counseling and referrals.

In February of 2009, the Task Force on Family Violence and Sojourner Truth House joined together to form a single organization, Sojourner Family Peace Center. This merger now provides a more effective and efficient way to provide necessary services to domestic violence victims.

The Zonta Club of Milwaukee has supported and will continue to support the Sojourner Truth Peace Center through service and advocacy to advance the status of women both locally and worldwide.

Cheryl

Sojourner Truth (Isabella Baumfree)



Source: Abraham Lincoln: The War Years Vol. 2, Harcourt, Brace & World, Inc
(photograph circa 1862) © www.arttoday.com

Members Update

By Claudyne Whitaker

Great weather.....if you are a POLAR BEAR!!!! Welcome to the North Pole. Enjoy it as much as you can, bundle up, stay warm and think Spring!

HAPPY VALENTINE'S DAY. What a wonderful time to enjoy your loved ones and share your love.

Our deepest sympathy to the family of Shirley Bell in their loss and Zonta's loss. Let us keep Shirley's family in our prayers.

The late Ann Fefer was a first and second grade teacher at Richards Elementary School in Whitefish Bay. She passed away last year of natural causes at the age of 88, and was known for her "Feferisms," her way of filling up what she called "the learning sack." Her odd but eloquent sayings were designed to teach her young pupils much more than just the normal lessons. Listed below are some of Ann Fefer's witty Feferisms:

"I can teach you how to open an umbrella but I can't make it stop raining."

"You can't tattoo a soap bubble."

"You can't sew a button on a lemon meringue pie."

"Don't be a tree for every woodpecker." (This means everybody should think for themselves)

"....a sheep that just follows the flock ends up being a lamb chop."

"If you don't stand for something, you'll fall for anything."

"Remember, anger is one letter away from danger."

"When you meet somebody new, come on like velvet and not like sandpaper."

"Only in the dictionary does success come before work."

Ann Fefer, NEVER one to tell her age said: "Instead of counting the candles on the cake, it's more important keeping them lit."

What wonderful words of wisdom for all to heed.

FEBRUARY Zontians: HAPPY BIRTHDAY and many more. Enjoy.

MAY THE COLD WEATHER BE TEMPERED BY THE WARMTH OF FRIENDSHIP.

Zonta Fashion Show

By Co-Chairs, Pam Knackert and Laurie Ward

SAVE THE DATE April 2, 2011 for our Fashion Show Fundraiser. Coldwater Creek will be our provider and it will be held at the ICC. Don't forget we need everyone to participate to make it a success.

You should have received your invitations already. Every member is asked to sell 8 "tickets" this year so we can increase our attendance and funds raised for our local and international service projects. So invite friends, relatives, co-workers, and neighbors. Cost is \$50 per person.

Any raffle or silent auction donations you may have please bring them to the Feb. 23rd meeting and give to Laurie Ward. We are looking for items or baskets with values from \$25 and up and gift certificates as well. If you frequent a restaurant or store ask if they would donate something.

We will need members to help with various duties the day of the event, so please talk to Laurie or Donna Neal if you have not offered your services as of yet.

Note next Fashion Show committee meeting will be **Thurs. March 10** at Donna Kahl-Wilkerson's.



Membership Corner

By Marianne Zapall

Let's give a big welcome to Judy Lehman our newest Zonta Club of Milwaukee member! Judy was installed at our January meeting.

Please keep sending names of potential members to the membership committee. After the fashion show the committee plans on having a membership reception, so start thinking of who would be an excellent and committed member.

New member sheets will be sent to everyone shortly.

Don't forget to invite current members whom we haven't seen lately and/or guests.

Stay warm!



District 6 Service Committee

By Tamara Hagen

February is upon us and Valentine's Day is just around the corner. Hopefully this means that the worst of winter is behind us. For most clubs, it means they are gearing up for spring events such as fundraisers, hosting Spring Workshop, or organizing a service/advocacy project. If your club is looking for a service/advocacy project I have an idea.

As a cardiologist, I'd be remiss not to mention February as National Heart Month. Heart and vascular diseases are the leading cause of death in BOTH men and women. One in three women has some form of these diseases and almost ½ the heart attack deaths in the US are in women. It's not just an "old women's problem" either. In women 45-64, it's the second leading cause of death and in women 24-44 it's the third leading cause of death.

As a service organization with a mission to improve women's health, heart disease is the elephant in the room when it comes to thinking about a new service project. There are numerous opportunities for us to help ourselves and others. And you don't have to do it alone.

The American Heart Association(AHA), Centers for Disease Control(CDC), and the National Heart, Lung, and Blood Institute(NHLBI) all have campaigns and resources to tap into when looking for a project. The AHA's Go Red for Women campaign encourages women to empower themselves with information and the NHLBI's Heart Truth Campaign make the Red Dress a national symbol of heart disease recognition in women.

The CDC's www.cdc.gov/women/planning/index.htm has tips for planning Heart Health events such as seminars, town hall meetings, and wellness walks. The NHLBI's website www.nhlbi.nih.gov/education/heart_truth/get-involved/event-ideas.htm will give you several ideas such as:

- Wear a Red Dress on Feb. 4th National Red Dress Day
- Sponsor a Red Dress Fashion Show
- Host a Heart Health Luncheon/Dinner
- Sponsor a Heart Health Free Clinic for underserved women
- Set up a display on women's heart health at a local library

There are many other ideas on these websites along with tools to get started. Remember: While helping others, help yourself.

North American Inter-District Meeting

By Cheryl Lucas-DeBerry

Plan now to attend the 5th North American Inter-District Meeting June 3-5, 2011 in Reno. The IDM pulls together Zontians from the 13 districts in North America for a weekend of learning and connections. Members of the ZI Board, including ZI President Dianne Curtis will be there. This time we are offered learning tracks for Advocacy, Membership, Leadership, and Public Relations.

Watch for more information in February.

Registration cost until May 1 is \$175 and rooms at the Atlantis Casino Resort Spa are \$109. We need to get club members there to help us grow in these four key areas. This will be a great Zonta weekend getaway!

Please consider attending.



Pictures from the January Zonta Club of Milwaukee Meeting



Laurie Probst, pilot/flight instructor and grade school teacher, was our speaker for Amelia Earhart month.



Sisters & now Zontian Sisters Judy Lehman & Marge Holzbog with Cheryl Lucas-DeBerry during the installation of Judy at the January meeting.



Zonta Scholarship Applications Available...Use the Web – Let your Contacts Know!

By Sandra Miller

Zontians, please let your friends and colleagues know about our Scholarship opportunities. We are looking to award leaders and currently seeking applicants for the Young Women in Public Affairs – due March 18, 2011.

Feel free to e-mail your friends and let them know more information is available at www.zontamilwaukee.org to receive the scholarship information!

Questions? Send your questions to our scholarship e-mail address:
zcscholarship@zontamilwaukee.org



Upcoming Events ...

Club meetings will continue to be held at the Italian Community Center (ICC) on the fourth Wednesday of each month unless otherwise noted.

March 23

April 27

May 25

June 22

Zontian Events

March 4 - Zonta Club of Janesville holds their annual International Women's Day Luncheon at 12:00 Noon. Tickets - \$30, Deadline is February 24th. Call Carla Olson

March 5 - Zonta Club of Madison holds their Zonta Zing A Night in Old Havana at 7:00pm Contact Sylvia Armstrong Tickets - \$25



HAPPY BIRTHDAY



FEBRUARY

Nola Hitchcock-Cross
Joann Henry
Helen Ludwig
Elizabeth Stull