



Zonta Club *Milwaukee*

October, 2013

2013/2014

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(ReeseDL05@uww.edu)

For more information on Zonta

Milwaukee visit,

www.zontamilwaukee.org

Wednesday, October 23, 2013

Zonta Club of Milwaukee Dinner Meeting

Dear Zontains,

We will be having a different dinner meeting format this month. It will be two-fold. The first portion of the meeting will begin around 5:00pm at Neu-Life's Gwen T. Jackson School, located at 2121 West Hadley Street. For those who can join us there we will be meeting with the children and their families, and receiving their Holiday profiles. This is another opportunity for us to work hands-on with Neu-Life. The second half of the meeting will be at the ICC around 6:15, where we will hold the business meeting and have a pizza buffet meal.

We realize that not everyone will be able to attend the Neu-Life portion of the meeting, but hope many can attend.

Reservations are still required for the ICC and dinner.

Gwen T. Jackson School, 2121 West Hadley Street

Italian Community Center (I.C.C.), 631 E. Chicago
Milwaukee, Wisconsin 53202

Cost: \$30 per person, includes tax and tip

RESERVATIONS: Please call Helen Ludwig (414-321-0078, Extension 114) or email her at hludwig@sbl-law.org with the cancellation of your standing reservation or any call-in reservation by 9:00 am on Monday, October 21, 2013.

President's Message...

Hello Zontians!

As we move into the cooler fall weather and deeper into the Club year, we are busy in several areas.

Fall Conference in Springfield, IL is here! It is great that we can have several members attending from our Club. Thank you to President-Elect Donna for attending as our Club Delegate in my absence. I look forward to hearing from those attending and hope that they will bring some new ideas and energy back to the Club.

Upcoming fall events include the Neu-Life Holiday gift collection and the Girls on the Run 5K event. I look forward to having others join me in mentoring and inspiring the girls to accomplish a 5K. It is a good experience and the girls appreciate the support and encouragement from their partners.

I hope that many of you can attend the Neu-Life portion of the October Club meeting and have the opportunity to mix and mingle with the Neu-Life kids, parents and staff.

There are several opportunities for leaders and participants in many of our future service activities. We can only be successful with your help and participation. Additionally, a few of the committees could use some additional members. Let me know if you are interested.

Thank you for all you do, for women locally and around the world.

Joni Reese

SAVE THE DATE
April 5th, 2014

Annual Zonta Fashion Show
Fundraiser

*We are starting to collect wine for the fashion show.
Feel free to bring \$10 or greater bottles of wine to
the October meeting.*



Club Meeting Minutes

5:30 pm Social hour - 6:00 Dinner

Welcome, Introductions and Dinner: The meeting was called to order by President Joni Reese at 6:00. During dinner the members participated in a table activity on Women's Equality. At the end of this activity women were given orange ribbons to wear in November for the **Zonta Says No** campaign.

Speaker

The speaker was Area 2 Director, Donna Neal, representing Zonta International. The discussion focused on Zonta International's Service and Advocacy projects as well as the goal and impact of each.

Committee Reports

Program: October Meeting - with Neu-Life at Gwen T. Jackson School, but plans are tentative as to the details. We will return the ICC for dinner and the business meeting.

November Meeting - International Focus

December Meeting - Holiday Gathering

Membership: If interested in becoming part of the Membership committee, contact Helen Ludwig, Pam Knackert or Kristin Greenwood.

Scholarship: Mollie, the Club's recipient for Jane M. Klausman Scholarship is also the District 6 Jane M. Klausmen scholarship winner.

We did not receive any applications for the scholarships that were due in August.

Fashion Show: The Fashion Show will be held on April 5, 2014 at the Milwaukee Marriott West. The theme is Your Doorway to Fashion –Opening Doors for Women and Girls. Wine donations are being requested and the committee is also looking for new sponsors.

Service and Advocacy: The Back to School project was a huge success. 65 backpacks were provided for the kids at Neu-Life.

A joint advocacy, voaction curriculum for **Zonta Says No** is being planned between Sojourner Family Peace Center and Neu-Life.



Meeting Minutes Continued...

Treasurer Update

The CD is on an automatic three month roll over. It matured on August 10, 2013, and it will mature again on November 10, 2013. Lynne Oehlke and Donna Kahl-Wilkerson are on a committee to make recommendations as to what we can do with the CD before it becomes mature in November.

Fall Conference Update

Donna Kahl-Wilkerson is the Club's delegate to the Fall Conference, and Pam Knackert is the alternate. Several members are attending, so we will be well represented.

Upcoming Meetings

October Board Meeting: October 8th at ICC

October Club Meeting: October 23rd at Neu – Life /ICC

Committee Meetings as needed and designated by the various committees

Upcoming Dates/Activities

Neu-Life: Holiday gift collection

Newsletter articles are due to ReeseDL05@uww.edu by the 7th of each month

The meeting was adjourned at 8:29 pm



**JUDY DUSELL -
OCTOBER 13TH**

**DONNA K. CONANT' -
OCTOBER 15TH**

Service Corner

We will kick off the **Holiday Gift Collection** at our October 23 Zonta meeting which begins at Neu-Life's Gwen T. Jackson Elementary School site for those of you who can make it to the school by 4:30 or so, and reconvenes at ICC at 6:00 PM +/- for all members for a casual dinner and business meeting where child/gift profiles will be distributed. Jody Rhodes from Neu-Life will join us at our Club meeting for the distribution of profiles.

Lauren Ward and **Cheryl Nowak** will lead the project and coordinate the assignments and collection of gifts for the students at Gwen T. Jackson Elementary School. We expect all Club members to participate in some way, whether it is meeting with students at the school on Oct 23, choosing/accepting student profiles and wish lists and purchasing gifts, donating funds, or going shopping for student gifts with other Zontians' money.

The **Girls on the Run 5K Race (Nov 17)** practice sessions and race will be formatted like last spring. Interested Zontians should contact Donna Neal and/or Jody Rhodes. Jody will provide details on how to sign up and the timing of practices the week before the race.

Next month, we hope to have news for you regarding the proposed **Zonta/Neu-Life Joint Advocacy Program** aiming to prevent domestic and sexual violence and trafficking, and fitting under the rubric of the ZI Zonta Says No program. The general idea is to implement an education program with an arts component – following the learning piece, students would develop art work inspired by the curriculum, to be displayed at the Art Show Fundraiser.

Planning will begin late this fall for a **Career Event** to be held in March designed for high schoolers, and open to interested middle schoolers, at the Neu-Life main site. **Donna Kahl-Wilkerson** has agreed to co-chair this project team; we are currently **looking for another co-chair** (absent volunteers, we will be calling to ask for a volunteer!) We will identify the fields of interest (business ownership, medical, and science fields will definitely be on the list) and coordinate volunteers to participate.

Jody would like **two or three volunteers with some marketing/publicity savvy** to meet with their **Annual Art Show Fundraiser planning team** 3-4 times (once a month or so) between January and April. This year the goal is to double the attendance vs. last year. Volunteers should contact Donna Neal and Jody. This year's theme will be food-related; the students will make more of the food served at the event (cooking/gardening group project). Possible theme: *Food for Thought*.

The Area 2 **Annual International Women's Day Advocacy Event in Madison** will take place on **Friday, March 7**. The Club is supporting this event financially. Karen Hunt will participate on the Area 2 planning team as the Milwaukee representative. We would like to increase the number of Milwaukee Zontians attending the event in Madison – it's a terrific experience!

Advocacy Corner

It's October! Breast Cancer awareness month...

The following are current legislative actions in the State of WI that affect a woman's access to affordable, effective and timely healthcare.

#1: Ensure access to breast cancer screening and treatment for low income women.

Approximately 4700 Wisconsin women receive a breast cancer diagnosis annually. Governor Walker has chosen not to take advantage of Medicaid expansion funds to ensure that all low-income women have access to quality and affordable screening, high risk assessments and breast cancer treatment.

Please encourage your legislators to reject Governor Walker's entitlement reform plan and work to provide more access to health care for low income residents, rather than less.

#2: Oral Chemotherapy Access

Many health plans do not cover oral or self-administered anti-cancer medications at the same level as intravenous anti-cancer medications, administered in a hospital setting. Oral medications are covered under the pharmacy benefit, rather than medical, of insurance plans. This leaves patients and their families often paying high percentage co-insurance to access their medications, or putting their chemotherapy treatments financially out of reach.

Please encourage your legislators to support Oral Chemotherapy Access legislation when introduced.

#3: Protect the Wisconsin Family and Medical Leave Act (WFMLA)

In 1988, Wisconsin was one of the first states to pass Family and Medical Leave. Five years later, Congress followed Wisconsin's lead and created a federal FMLA. WFMLA is good for Wisconsin because it doesn't force cancer patients to choose between their financial stability and their health. It is also good for the economy because nearly 25% of adults in the United States have lost their jobs, or were threatened with termination, for taking off time when battling a serious illness or caring for a seriously ill family member.

Please encourage your legislators to reject any efforts to repeal WFMLA

Please contact your legislators to let them know your position on these issues. You can follow this link to get to your state representative: <http://legis.wisconsin.gov/Pages/default.aspx> and this one to find your state senator: <http://legis.wisconsin.gov/Pages/senhome.aspx>. These pages will help you find your elected official by simply entering your address. Once you've found your elected official, their websites will provide information on how you can communicate with that person via email, phone and in person. If you have questions call Karen Hunt at 414-412-0049.

Your democratic voice starts at the voting box but becomes more effective in shaping policies that affect the health and well-being of women when you communicate your perspective to those elected to represent your voice. If you don't tell them, they don't know!

And, you all know how I like quizzes, right? Well, here's a True and False breast cancer quiz for your enjoyment:

1. Breast cancer care costs are the highest of any cancer in the US. T ___ F ___
2. Mammograms can prevent breast cancer. T ___ F ___
3. Obesity is a risk factor for breast cancer. T ___ F ___
4. Government is the largest funder of breast cancer research. T ___ F ___
5. Early detection of breast cancer will save your life. T ___ F ___
6. Most women find their own breast cancer as part of normal routines (showering, getting dressed) not during monthly self-exams. T ___ F ___
7. The biggest risk for getting breast cancer is being a woman and growing older. T ___ F ___
8. A vaccine for breast cancer prevention is possible. T ___ F ___
9. More money is needed for breast cancer research. T ___ F ___
10. "Pink" branded consumer products are helping us find a cure for breast cancer. T ___ F ___

Answers:

1. True. The National Cancer Institute (NCI) estimated breast cancer care costs at \$16.5 billion in 2010 plus over \$12 billion in lost productivity.
2. False. Mammograms FIND cancers and pre-cancers that are already present and in many cases have been present for a number of years.
3. True. Research indicates that obesity does increase a woman's risk for breast cancer, especially gain after menopause.
4. True. About 80% of breast cancer research is federally funded – more than \$1 billion annually.
5. False. All tumors are not the same. Some are slow growing and probably wouldn't become deadly. Others are fast growing and lethal. Early detection MAY prolong your life.
6. True. While it's important to know your body, and what is normal for you, the NCI states that systematic monthly self exams do not reduce breast cancer mortality.
7. True. The strongest associations for risk are being female, age, two or more first-degree relatives with breast cancer, and inherited genetic mutations.
8. True. Researchers at the Mayo clinic have one ready for clinical trials and the National Breast Cancer Coalition's Artmetis Project is developing one.
9. Good Question! It's more likely that the money that's already there just needs to be used more effectively!
10. False. Pink branded products make money for manufacturers. The proceeds do very little to advance research. Often, those products even contain chemicals linked to cancer!

Zonta Says NO

Don't forget to wear your orange ribbon, Zontians! The "Zonta says NO" orange ribbon campaign is an International awareness campaign designed to raise awareness of and increase actions to end violence against women and girls around the world. You can wear it anytime, of course! But, on November 25, every Zontian in the world (all 30,000 plus!) is being asked to stand united and wear the orange ribbon as a statement on our singular voice to preventing and ending violence against women and girls. If you did not receive a ribbon at last month's meeting, I will make sure that they are made available at the October and November dinner meetings. If you are unable to attend the next two dinner meetings, call or email Karen Hunt at 414-412-0049 or karen.hunt@resilientcities.org and I will get one to you via the US Postal service! For more information on Zonta International's Zonta says NO campaign follow this link:
<http://www.zonta.org/MediaNews/ZontaSaysNO.aspx>

Upcoming Meetings

This month, October's meeting will be partnering with Neu-life as we meet with the children and their families at their Gwen T. Jackson location. We will be meeting there around 4:30 to 5:30pm. There will be a Meet and Greet for the Zontain women. This will be followed by the children handing out their "All About Me" posters. We will also be receiving the profiles of the children for the Holiday gifts. The families and children will have a meal and we will go to ICC to have our meal and socialize. Jody will also join us later at ICC and discuss the profiles and offer us ideas as well. After dinner we will conduct the business meeting.

November 's meeting will have an International theme. (11/20)

December's meeting will be our Holiday Party at a member's home. (12/18)