

Zonta Club of Milwaukee



Zonta Club of Milwaukee
Member of Zonta International
Advancing the Status of Women Worldwide

BULLETIN

International District 6 – Area 2
Chartered: January 8, 1926

Wednesday, February 22, 2012

Speaker: Mrs. Janan Najeeb

Please join us for our Zonta Club of Milwaukee Dinner meeting on February 22, 2012 where we will have the honor of presenting our speaker, Mrs. Janan Najeeb.

Mrs. Janan Najeeb is President of the Milwaukee Muslim Women's Coalition. The group promotes an accurate understanding of Islam and advocates for equal treatment of all women. This will be an exciting and informative evening as we learn about the works of this women's group in the City of Milwaukee.

**Italian Community Center (I.C.C.), 631 E. Chicago
Milwaukee, Wisconsin 53202**

5:30 PM – Social

6:00 PM – Dinner

7:00 PM – Speaker: Mrs. Janan Najeeb.

Cost: \$30 per person, includes tax and tip

RESERVATIONS: Please call Helen Ludwig or e-mail her with your reservation by 9:00 am on Monday, February 20, 2012. Once reservations have been made, you will be billed for each reservation.

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The Zonta Club of Milwaukee is club #39, located in District 6 (Illinois, Wisconsin and Indiana). The Club meets on the fourth Wednesday of the month, September through June, for networking, dinner, program and business meeting.

*President: Cheryl Lucas DeBerry
Membership Co-Chairs:
Claudyne Whitaker
Marianne Zapall
Bulletin Editor: Joann Henry*

Newsletter deadline for articles is the 10th day of each month.

*For more information on Zonta, visit
www.zontadistrict6.org*

2011/2012

Zonta Club of Milwaukee Officers

*Cheryl Lucas-DeBerry, President
Joni Reese, President Elect
Donna Conant, Vice-President
Elizabeth Stull, Treasurer
Victoria Frazier, Secretary*

*Demy Anfang, Club Board
Nellie Kendrick, Club Board
Maggie Aboagye, Club Board
Barbara Fitzgerald, Club Board
Kim Brinsko, Club Board
Barbara Wyatt Sibley, Club Board*

*Donna Neal, Foundation Board, President
Donna Kahl-Wilkerson, Foundation Board, Vice President
Diane Lindsley, Foundation Board, Treasurer
Helen Ludwig, Foundation Board, Secretary
Susan Koepsell, Foundation Board
Laureen Ward, Foundation Board
Linda Hext, Foundation Board
Judy Lehman, Foundation Board
Claudyne Whitaker, Foundation Board*

Presidents Message.....

Dear Zontians:

February is National Heart Month (in addition to Black History Month and of course, Valentine's Day). This year I wanted to focus on the heart since we as a club have designated our focus on women and girls and the issues that directly affect us.

You may or may not be aware that heart disease is still the No. 1 killer of women, taking the life of 1 in 3 women each year. Women are dying at the rate of one per minute because they don't know what you know: heart disease kills.

One reason for this phenomenon is women tend to dismiss their symptoms, which are often different from those experienced by men: "There's still a large part of the population that believe this is not their problem", according to cardiologist Clara Massey.

Dr. Massey provides key information on how we can reduce our risks. She outlines seven major symptoms of heart attack in women, according to the U.S. Department of Health and Human Resources:

- Chest pain or discomfort
- Unusual upper body discomfort, including jaw pain
- Shortness of breath
- Breaking out in a cold sweat
- Unusual or unexplained fatigue
- Lightheadedness or sudden dizziness
- Feeling sick to the stomach

We as women tend to spend so much time taking care of others that we neglect ourselves. Take care of yourself so you are here to take care of others.

Cheryl

Reprinted from: www.goredforwomen.org

For more information go to: www.womenshealth.gov/heartattack

Zonta Advocacy Activity – International Women's Day 2012

By Diane Lindsley

Dear Members,

At our last Club meeting, I mentioned that four of the five Wisconsin Zonta Clubs will be participating in a Kickoff event in Madison on March 7th prior to International Women's Day on March 8th when thousands of events will be held throughout the world to inspire women and celebrate achievements. A global web of rich and diverse local activity connects women from all around the world ranging from political rallies, business conferences, government activities and networking events through to local women's craft markets, theatrical performances, fashion parades and more. In Zonta District 6, Clubs in Illinois and Indiana will also be involved in advocacy activities on or around March 8th.

This year, Area 2 Clubs will be collaborating with The Wisconsin Council on Children and Families. See attachment and to learn more, please go to their website for the event: http://www.wccf.org/event_advocacy_training_2012.php. Keep in mind that our Club has chosen local agencies that focus on young girls. The 2012 International Women's Day Theme is *Connecting Girls, Inspiring Futures*. Our Club focus as well as the Council on Children and Families fit that theme quite well.

The cost of the event is \$40 per person and includes a continental breakfast, speakers, lunch, advocacy training, and then a very short walk to the Capitol to meet with State legislators on four issues affecting women in Wisconsin: 1) Human Trafficking; 2) Domestic Violence; 3) Sexual Assault; and, 4) Women's Health

We are also trying to organize a short rally afterwards which will include legislators who will speak to the issues. (Yes, we are obtaining the required permit.)

Each of the four Area 2 clubs is preparing a one page fact sheet on one of the issues to include in Zonta packets we will leave with legislators. I have Domestic Violence and have asked former Zontian Carmen Pitre's input. She is now Co-Director of the Sojourner Truth Family Peace Center in Milwaukee.

It is my great hope and expectation that at least four or more of our Club members can join me that day in Madison. We can carpool. Each club is expected to bring 10 participants, including any agencies with which a club may be collaborating or helping to support. If you can attend this International Women's Day 2012 Kickoff, please let me know at your earliest convenience so we know how many slots are available for agency representatives.

Members Update

By Claudyne Whitaker

Weather-wise it doesn't seem like February (as we know it) does it?? Let's continue to enjoy our "warm winter" while we can!

FEBRUARY: The month with 29 days; wear RED heart month; Super Bowl Sunday; Lincoln's Birthday; Valentine's Day; President's Day; Washington's Birthday and a month to share the LOVE! Life is good....enjoy.

Nell Kendrick came home from the hospital on Friday, January 27th. Continue the cards and calls to speed her recovery. George is still on the case and should receive the "outstanding" caregiver award!

Thanks to all of you for your continued support in inviting potential members to our monthly meetings. Include them on your Fashion Show invite list and the upcoming spring potential new member Information meeting list. You will be the reason for the Membership Committee and the Milwaukee Zonta Chapter to exceed their new members' goal for 2011-2012. Thanks in advance for your help!! TEAMWORK makes all the difference. Please remember to "reach out" and stay "connected" to members who have been inactive. I am sure they will appreciate hearing from us.

Happy Birthday January and February Zontians!
Enjoy and many more.

"I think there are things for all of us to do as long as we're here and we're healthy." Gwendolyn Brooks



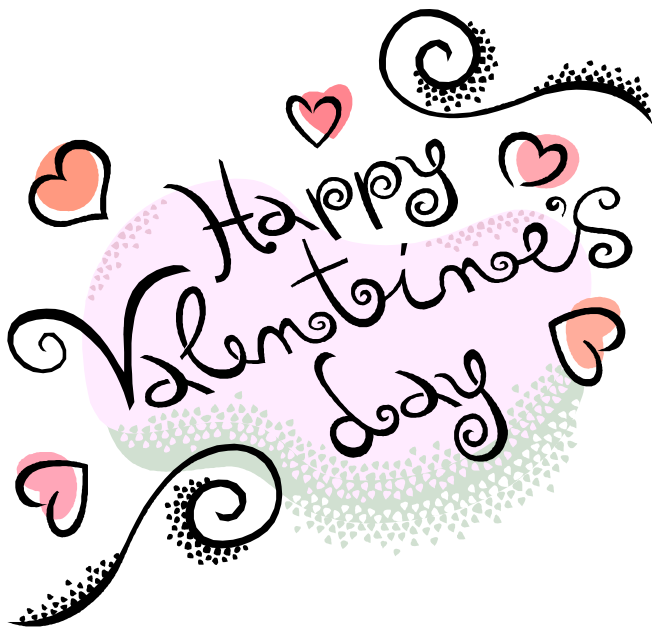
Membership Corner

By Marianne Zapall

Happy Valentines Day!

As the Fashion Show Committee is planning a very exciting event this year, please remember when inviting your guests – would they make good Zontians/would they be an asset to our club. This is a great opportunity to let family, friends, co-workers and anyone you may come in contact with know who we are. The membership committee will be planning a membership reception in May, so let's carry that enthusiasm from the fashion show over to the membership reception. With your help let's start our new fiscal year off in great style.

As always, please keep the membership committee informed of anyone you think would be an asset to our club. Also, don't forget to invite friends, co-workers, family and members you may have noticed that have not been attending our monthly meetings. Don't forget that New Year's resolution – mark your calendars for the fourth Wednesday of the month and attend our club meetings.



Zonta Fashion Show

By Carol Cline and Pam Knackert

Save the Date of Saturday, April 21, 2012 for our "Passport to Fashion" fashion show fundraiser. It will be held at the ICC. Chico's and its sister store Soma's will be our vendors for the show.

Hopefully you are already lining up who to invite. **Each member will be responsible to sell a table of 8.** We should have your invites at the Feb. meeting and then others will be mailed out shortly thereafter.

Let Pam or Carol know if you know of a company or someone who might be interested in being a sponsor for the event. Sponsorships can range from \$100 and up.

You can bring any **raffle and silent auction donations** to the February meeting and give them to Laurie Ward. Food and drink are always popular items. If you frequent a restaurant or store ask them if they would donate an item or certificate to our raffle and auction.

Also bring your **bottles of wine** for our cork pull fundraiser and your **tour books** to be used for centerpieces (only ones you don't want back).

We can use helpers for the day of the event for raffles and silent auction and for the cork pull. Please let Elizabeth Stull know that you will help.

We will have our next committee meeting on Wed. February 15 at Carol Cline's office.



Upcoming Zonta Club of Milwaukee Dinner Meeting Speakers

By Kim Brinsko

Barb and I would like to inform you of who the speakers will be for the rest of the year.

February is Janan Najeeb, Muslim Women's Network

March is Sharon Robinson, City of Milwaukee.

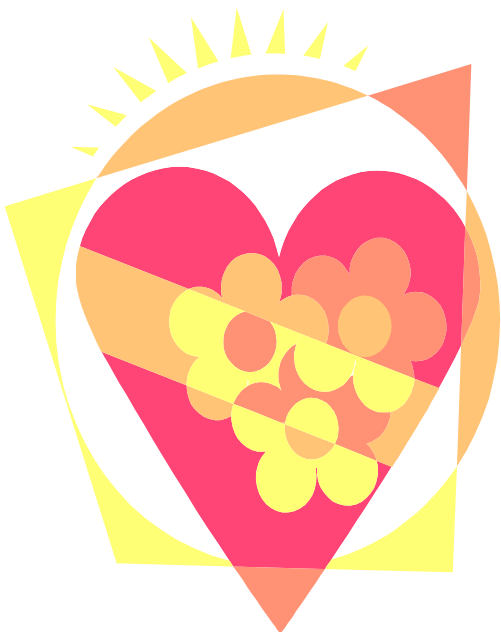
April is the business meeting and there will be not speaker this month.

May is Emily Winecke, Wisconsin Woman's Network.

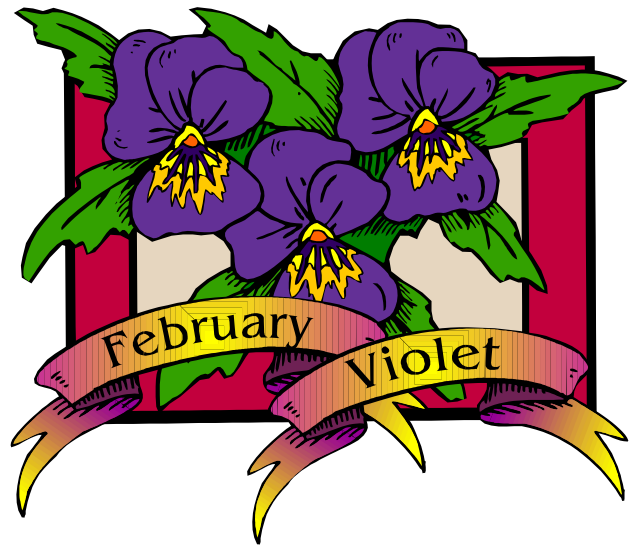
June is our fun month. The activity for this month will be announced later.

September is Rhonda Matthews Ware, Research Center for Woman and Girls at Alverno College,

We hope this helps you with your planning for the coming year, as well as assist you in inviting your guests.



HAPPY BIRTHDAY



Nola Hitchcock Cross

Connie Thoma

Beverly Conner

Joann Henry

19 – Helen Ludwig

23 – Elizabeth Stull

